



FOR IMMEDIATE RELEASE

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Heath Village hosts Virtual Senior Seminar  
*“Out with the Old...Tips for Downsizing!”*

Washington Township, Morris County – Heath Village Retirement Community is hosting a free, *virtual* senior seminar *Out with the Old...Tips for Downsizing* on Thursday, March 17 at 11:00 a.m.

The program will feature Tony Mauro, President of Caring Transitions, a company dedicated to providing older adult and their families with downsizing solutions. The firm also offers right-sizing, estate sales and online auctions, and move management solutions.

Tony will share helpful downsizing tips and address common challenges and solutions for overcoming them. Everything from managing and organizing documents, decluttering the home, sorting and organizing home items, donating unwanted items, and removing trash from the home will be discussed.

While the event is free; RSVP is required. To register, or for additional information, please call 908-684-5009. Upon registration, participants will receive instructions and a link for joining this virtual event.

Heath Village is a full-service retirement community located at 430 Schooley’s Mountain Road in Washington Township, Morris County. For further information, please call 908-852-4801 or visit us on our website at [www.heathvillage.com](http://www.heathvillage.com). Like us on Facebook at [www.facebook.com/heathvillage](http://www.facebook.com/heathvillage).

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